



Name: \_\_\_\_\_

Date: \_\_\_\_\_

1 Complaint(s): \_\_\_\_\_

2 Onset Date: \_\_\_\_\_

3 Cause:

( ) Trauma: \_\_\_\_\_ ( ) Woke with it

( ) Slow onset over \_\_\_\_\_ Days / months ( ) Unknown

( ) Other: \_\_\_\_\_

4 Since the onset, pain interferes with:

( ) Sitting After \_\_\_\_\_ (Minutes / Hours)

( ) Standing After \_\_\_\_\_ (Minutes / Hours)

( ) Walking After \_\_\_\_\_ (Minutes / Hours)

( ) Activities of Daily living:

( ) Getting dressed ( ) Bathing / Showering ( ) Cleaning the house

( ) Sleep: ( ) Getting to sleep ( ) staying asleep

( ) Recreational activities:

( ) Golf ( ) Basketball ( ) Softball ( ) Running ( ) Cycling ( ) Other: \_\_\_\_\_

5 History of pain:

( ) Comes and goes for years ( ) Constant for years ( ) Never had this before

6 Problems or changes with the following? Check all that apply or ( ) All Negative

( ) Sense of smell ( ) Blurred vision ( ) Speech ( ) Memory

( ) Sense of taste ( ) Swallowing ( ) Balance

( ) Hearing ( ) Facial weakness ( ) Numbness / pain in the face

7 Goal(s) for Care: ( ) Pain Relief ( ) Correction of Underlying Problem

( ) Learn of Healthier Lifestyle

8 Accidents / Injuries / Falls: \_\_\_\_\_  
\_\_\_\_\_

9 Conditions / Illnesses: \_\_\_\_\_  
\_\_\_\_\_

10 Surgeries: \_\_\_\_\_  
\_\_\_\_\_

11 Fractures: \_\_\_\_\_  
\_\_\_\_\_

12 Hospitalizations: \_\_\_\_\_  
13 Recent X-Rays / MRI's: \_\_\_\_\_  
Pregnancies: \_\_\_\_\_

14 Are you or could you be currently pregnant? Y / N \_\_\_\_\_  
Allergies: \_\_\_\_\_

15 Medications: \_\_\_\_\_  
16 Supplements: \_\_\_\_\_  
17

18 Water Intake: \_\_\_\_\_ Ounces / bottles per day \_\_\_\_\_  
19 Smoke: ( ) Yes - \_\_\_\_\_ packs / day ( ) No - Quit \_\_\_\_\_ yrs ago ( ) No - Never did